

## ARTICLE XXXII

### DAYS OFF

**Section 1. Rate:** All players will be permitted days off at least at a rate of four (4) days per month, as determined by the Teams, commencing with the first game (either the pre-season or regular season, whichever is applicable) and continuing until the last game played by a player's respective Team (regular season or post-season, whichever is applicable).

**Section 2. Requirements:** During the twenty-four (24) hour period constituting a day off, any injured player may be required to undergo medical treatment and quarterbacks may be required to attend coaches' meetings.